



ZOOM ADVANCED POWER IN OFFICE WHITENING

Have you ever seen someone with a great smile and asked yourself, why can't I have teeth as white as theirs?

NOW YOU CAN!

Our office offers ZOOM In-Office Whitening system. What used to take up to two or three weeks of daily applications can now be completed in one appointment that will last just over a couple of hours! With this system, we can make your teeth up to eight shades whiter and brighter. The ZOOM In-Office whitening uses a full mouth bleaching light combined with a 25% Hydrogen Peroxide light activated gel. As the hydrogen peroxide is broken down by the light, oxygen enters the enamel and dentin, bleaching (whitening) the colored substances while the structure of the tooth is unchanged. The ZOOM light aids in activating the hydrogen peroxide and helps it penetrate the surface of the tooth.

Your first step to whiter, brighter teeth will be a 'no-charge' smile evaluation where the dentist will check the general health of your teeth, including a shade assessment.

Impressions will be taken for your individualized lab fabricated touch-up trays. We recommend you wear your trays with Fluoridex paste twice a day for one week prior to your appointment. (These trays will be used in the future for whitening touch-ups.) Taking Ibuprofen the day of your appointment is also recommended. On the day of your whitening, we will isolate all soft tissue (cheek, lips, gums, tongue) leaving only your teeth exposed. A pretreatment sensitivity agent is applied, followed by the whitening gel. The ZOOM lamp is put into place over your teeth. Protective eyewear is required.

We also have headphones to wear so you can relax to music or watch a movie while getting a brighter smile! There are three 15 minute sessions in which after every session new sensitivity agent and whitening gel is applied. If you experience any sensitivity during this time, please let us know. Most patients will go through the complete three sessions, but if you wish to stop early you can. At the end of your whitening, a Satin Finish (fluoride treatment) will be place in your touch-up trays to wear for 30 minutes. (You can wear these home.) We recommend you continue with your Fluoridex paste for the next three days following the Zoom whitening. Ibuprofen may be needed for the next 24 hours.

With your new brighter smile you will go home with;
Touch-ups trays, post whitening care instructions and one package of ZOOM touch-up gel for future use.

By following some simple post whitening care instructions, your teeth will always be brighter than ever before. To keep your teeth looking their best, we recommend 6 month exams and cleanings, electric or sonic toothbrushes and 6 month or yearly touch-ups!